

Drug-Influenced Nutrient Depletions			
Analgesics		Gastrointestinal	
Acetaminophen	Glutathione	Antacids	Calcium
Aspirin	Folic Acid		Phosphate Salts
	Iron		Chromium
	Vit. C		Folic Acid
NSAIDs	Iron		Iron
	Folic Acid	H2 Antagonists	Calcium
Antibiotics			Chromium
Tetracyclines	Calcium		Folic Acid
	Iron		Iron
	Magnesium		Dibenzozide
	Zinc		Vit. B12
	Potassium		Zinc
Antiretrovirals		PPIs	Beta-carotene
Adefovir	Acetyl-L-carnitine		Calcium
	L-carnitine		Chromium
	Propionyl-L-carnitine		Folic Acid
Zidovudine	Copper		Iron
	Dibenzozide		Dibenzozide
	Vit. B12		Vit. B12
	Zinc		Vit. C
	Acetyl-L-carnitine		Zinc
	L-carnitine	Central Nervous System	
	Propionyl-L-carnitine	Carbamazepine	Biotin
Anti-Diabetes Agents			Acetyl-L-carnitine
Insulin	Magnesium		L-carnitine
Metformin	Folic Acid		Propionyl-L-carnitine
	Dibenzozide		Folic Acid
	Vit. B12		Calcium
	Thiamine (B1)		Vit. D, E, K
Cardiovascular		Phenytoin	Biotin
Digoxin	Magnesium		Folic Acid
Statins	Co Q10		Acetyl-L-carnitine
Loop Diuretics	Calcium		L-carnitine
	Magnesium		Propionyl-L-carnitine
	Potassium		Niacin/Niacinamide
	Folic Acid		Thiamine (B1)
	Pyridoxine		Dibenzozide
	Thiamine (B1)		Vit. B12
	Vit. C		Calcium
Thiazide and Thiazide Derivatives	Magnesium		Vit. D, E, K
	Potassium		Zinc
	Zinc	Valproic Acid	Folic Acid
	Folic Acid		Acetyl-L-carnitine
	Thiamine (B1)		L-carnitine
Triamterene	Folic Acid		Propionyl-L-carnitine
Hormones			Niacin/Niacinamide
Estrogens & Estrogen-Containing Oral Contraceptives	Folic Acid		Zinc
	Magnesium	Carbidopa/Levodopa	Niacin/Niacinamide
	Pyridoxine (B6)	Respiratory	
	Riboflavin (B2)	Beta-2 Agonists	Magnesium
	Thiamine (B1)		Potassium
	Vit. A	Miscellaneous	
	Dibenzozide	Isotretinoin	Acetyl-L-carnitine
	Vit. B12		L-carnitine
	Vit. C		Propionyl-L-carnitine
Thyroid Hormones	Zinc		
	Calcium		