

Improving Adherence:

Patients like and want medication synchronization (when they know about it)

// PROBLEM=MEDICATION NON-ADHERENCE //



Non-Adherence: (noun):
Not taking medications
as prescribed

\$290 billion
COST IN AMERICA*



2014 National Report
Card on Adherence=B-**

Non-adherent Behaviors**

- 1 in 2 missed a dose
- 1 in 3 forgot if they took the med
- 1 in 4 did not get refill on time
- 1 in 4 didn't start a new Rx at all

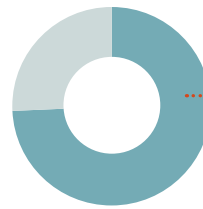
// COMMUNITY PHARMACISTS OFFER A SOLUTION //

Medication Synchronization (Med Sync): All Of A Patient's Medications Refilled At Once



Benefits to patient

- Never run out of medication
- Single trip to the pharmacy each month
- Improved adherence
- Help managing prescriptions



74 % say med sync is helpful in improving their overall adherence***

PATIENTS IN A MED SYNC PROGRAM ARE 32% MORE ADHERENT***

83% of those in a med sync program find it helpful in managing their prescriptions,**

yet...



3 in 4 who have trouble managing Rx's are NOT enrolled in a program**

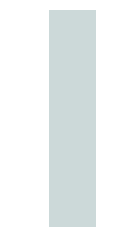


After an explanation, **FIFTY PERCENT** are interested in med sync**



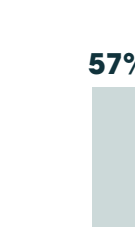
40% are unaware of med sync programs**

89%



Synchronized Medications

57%



Non-Synchronization Medications

% of the patients Rx's that are adhered to

References:

* "Thinking Outside The Pillbox: A System-wide Approach to Improving Patient Adherence for Chronic Disease." NEHI. 2009.

** Based on a 2014 survey of 1,012 Americans 40 years and older on chronic medications. The National Community Pharmacists Association, "National Adherence Survey: The Promise and Prospects of Medication Synchronization." For full report, visit ncpanet.org/medsync.

*** "Assessing the Impact of a Community Pharmacy-Based Medication Synchronization Program On Adherence Rates." NCPA. 2014.