Follow these medication safety tips when you travel:

1. Never leave medication in the car. Certain drugs can be destroyed as a result of extreme heat.
2. Pack your medicine in a carry-on bag. Checked suitcases may be exposed to temperature extremes or could be lost or delayed.
3. Consider bringing extra medication in case your return gets delayed.
4. Carry a list of all medications you are taking as well as contact information for your pharmacist and doctor.

As always, ask your pharmacist if you have any questions.

Brought to you by this pharmacy and the National Community Pharmacists Association