Check Your Meds Checklist

Pharmacist: _________________________
Phone: _____________________________

1. You identified:
✓ Your medications
✓ Why you need to take them
✓ How to take them

2. The pharmacist discussed:
✓ Importance of taking the medications correctly
✓ Not sharing your medications with others
✓ Monitoring the effects of your medications and potential side effects
✓ All expired medications you should NOT be taking were separated into another bag

3. Before you leave:
✓ Ask plenty of questions
✓ Understand what you were told
✓ Repeat the information back to the pharmacist

4. Next steps:
✓ Take the evaluation for follow-up with your doctor or primary care provider
✓ Return periodically so that your medication can be reviewed again

For more information contact:

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