

Check Your Meds Checklist

Pharmacist: _____

Phone: _____

1. You identified:

- ✓ Your medications
- ✓ Why you need to take them
- ✓ How to take them

2. The pharmacist discussed:

- ✓ Importance of taking the medications correctly
- ✓ Not sharing your medications with others
- ✓ Monitoring the effects of your medications and potential side effects
- ✓ All expired medications you should NOT be taking were separated into another bag

3. Before you leave:

- ✓ Ask plenty of questions
- ✓ Understand what you were told
- ✓ Repeat the information back to the pharmacist

4. Next steps:

- ✓ Take the evaluation for follow-up with your doctor or primary care provider
- ✓ Return periodically so that your medication can be reviewed again

For more information contact:

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