Community Pharmacies Forming an Adherence Network

86% of America’s total health care spend is on chronic disease, yet...

Key facts:
• Year-long retrospective cohort study
• 13 pharmacy management systems involved
• Over 8,000 patients enrolled
• Med sync technology provided by PrescribeWellness

Only 1 in 2 take their medication appropriately.

Pharmacies came together to form a “virtual network” of independent pharmacies offering med sync.

Objective: Measure the collective impact of med sync on medication adherence and persistence rates across a network of independent pharmacies.

KEY FINDINGS:

Med sync patients are over 2.5 times more likely to be adherent to medications.

Med sync patients were 21% less likely to discontinue drug therapy.

Adherence is significantly greater for med sync patients.

Why this matters:
• Med sync, incorporating a patient’s community pharmacist, can significantly improve patient adherence and persistence.
• Medication adherence improves health outcomes and decreases total healthcare costs.
• As healthcare moves to more value-based payment systems and

CMS enhances the MTM program within Medicare Part D, our ability to demonstrate community pharmacists’ impact on quality care couldn’t be more timely.
• Innately different community pharmacies can come together to form a virtual adherence network by utilizing a common technology to standardize the delivery of med sync.