



**JANUARY  
12TH**

## **FREE QUIT SMOKING PROGRAM**

Starting January 12th, come in for weekly counseling classes with a pharmacist to help you quit smoking.

### ***Our Program Details:***

- **Quit smoking in 12 weeks or less:** Classes will meet for one hour a week for 6 weeks; then you choose to do the next one-on-one 6 weeks in person or by phone. The Focus is YOU!
- Customized Plans will be based on YOUR goals using our personalized approach. We realize one approach does not work for everyone.
- A variety of nicotine-replacement options can be made available: Patches, Gum, Lollipops, etc.



**MED-WORLD**  
**PHARMACY**   
& Compounding Center

**RESERVE YOUR SPOT TODAY!**

**(918) 227-2010**