



FREE QUIT SMOKING PROGRAM

Starting in September, come in for weekly counseling classes with a pharmacist to help you quit smoking.

Our Program Details:

- ***Quit smoking in 12 weeks or less:*** Classes will meet for one hour a week for 6 weeks; then you choose to do the next one-on-one 6 weeks in person or by phone. The Focus is YOU!
- Customized Plans will be based on YOUR goals using our personalized approach. We realize one approach does not work for everyone.
- A variety of nicotine-replacement options can be made available: Patches, Gum, Lollipops, etc.

RESERVE YOUR SPOT TODAY!

(405) 372-7900

825 S. WALNUT ST. STILLWATER, OK 74074