

by Jayne Cannon



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PHARMACY: Founder and chief wellness officer, Dilworth Drug & Wellness Center and Dilworth Functional Wellness Center, Charlotte, N.C.

AGE: 46

FAMILY: Wife, Jamie; two daughters, Bree, 7, and Lexi, 5.

EDUCATION: University of Connecticut School of Pharmacy, 1998; Certified Practitioner, Institute of Functional Medicine.

BREAKING THE CHAINS: Josh was looking for a warmer climate, so he transferred from Connecticut to Charlotte with a chain pharmacy. Over time, he began to see that his patients weren't getting better. They were just taking more pills. He felt called to change the "pill for every ill" culture. He opened Dilworth Drug & Wellness in 2008.

PHARMACY PASSION: "Blending functional medicine, genomics, and consciousness medicine to create co-pathways of true healing."

FUTURE OF THE PROFESSION: Josh believes that the pharmacist of the future must be a health coach, not a dispenser of prescriptions. To that end, he has just launched a mentorship to teach other pharmacists how to move into the wellness space. He says he wants to teach them how to make the shift in their business, not what wellness actually is. "There are schools and classes where you learn that, but they don't teach you how to integrate into your business."

NCPA'S VALUE TO ME: "Because of NCPA, we have a collective voice. We need that unified voice for community pharmacy."

Josh Rimany, RPh